

PRCN SW-109, DC SW-80, Navy SW-05 and GCI-35

(11 Apr- 24 Jun 2022)

ANO Lt (Dr.) Meghlai Lama, Assistant Professor, Serampore Girls' College, University of Calcutta, under 2 Bengal Girls' Bn, Kol B, West Bengal & Skkm DTE has successfully completed Pre Commission Course from OTA Gwalior.

The course was divided into two parts, with 15 Days Distance Learning Prog succeeded by 75 days of trg at the Academy. As a part of the training, there were a series of Exercises that were conducted, such as Ex Yuva Shakti, Ex Anubhav, Ex Darshan and Ex Shakti. There were a series of visits to the Arty unit, AF Stn, Inf Btn. There were IP's conducted such as, Yoga IP and Lec IP. They were conducted in three phases where initially trainees presented in front of the respective DS. The selected trainees were further examined in front of the DCCI and finally the Comdt. Sports competitions were held for Table Tennis, Throwball, Badminton and Volleyball. Apart from these, the trg also included individual tests such as, PA1 and PA2, Mid-term and final theory exam, DST, MR OD Test, Health and Hygiene Prac test and Firing Tests.

There were Capsules conducted for Disaster Management, Yoga, Self Defence, Obstacle trg, EXPA. Apart from these NIAP was also held. Trainees were exposed to the dinner etiquettes for the Comdt dinner night and DGNCC dinner night respectively. POP was held on 24th June 2022, with DGNCC Lieutenant General Gurbirpal Singh, AVSM, VSM as the RO.

ANO Lt (Dr.) Meghlai Lama was the Platoon Senior from 12th April- 18th May and the Course Senior from 18th May upto the Passing Out Parade. In Ex Shakti, she was tenating the appointment of Camp Comdt. She was 2IC and the Coy Commander for the POP.

CERTIFICATE OF EXCELLENCE awarded to ANO Lt (Dr.) Meghlai Lama

- 1) Trophy and Certificate of Excellence for exhibiting leadership qualities and motivational display during the course by DGNCC.
- 2) Silver medal and Certificate of Excellence for standing Second in overall Order of Merit (PRCN)
- 3) Certificate of Excellence in Planning & Organising Adventure Activities
- 4) Certificate of Excellence in Planning and Organising NCC Camp
- 5) Certificate of Excellence in Conduct of Social Service and Community Development Programmes
- 6) Certificate of Excellence in Yoga IP
- 7) Certificate of Excellence in Lec IP
- 8) Gold Medal and Certificate of Appreciation in Badminton Competition
- 9) Gold Medal and Certificate of Appreciation in Throw Ball Competition
- 10) Certificate of Participation in Disaster Management