

Report format of Students centric method of teaching learning

Organising Department: Physical Education

AcademicSession:2025-2026

Reporton...QUIZ CONTEST



Type of the Activity:(e.g experiential/participative/Problemsolving/ICT)

Objective of the Event: To develop the knowledge of the subject basis.

Date: 07.01.2026

Time of the Event: 12pm

Number of attendees: SemI-04, SemIII-28, SemV-09 **Teacher:**02

Venue: Gymnasium, Serampore Girls College

Outcome:

1) They gather their knowledge from their syllabus.2) To know more about syllabus related knowledge.

Date	Hons/Gen	semester	Activity	Number of students Participated
07.01.2026	General	I,III,V	Quiz Competition	41

NOTICE

Date:- 23/12/25

Serampore Girls College
Dept. Physical Education.
NOTICE.

The department of Physical Education is going to organized a Quiz competition on 7/01/2026 at 12 pm including all semester students. All the students must present on that day.


Dept. Physical Education

ATTENDANCE SHEET

SERAMPORE GIRLS' COLLEGE

Department of Physical Education

Attendance list STUDENTS

Activity / Event QUIZ COMPETITION

Date: 7.1.26

Sl no.	Student's Name	Year/Sem	Roll no.	Remarks
1.	Sayani Ghosh	3rd	24669	
2.	Amrita Mondal	3rd	24428	
3.	Mithu Roy	1st	25521	
4.	Jyoti Das	3rd	24473	
5.	Rajanya Ghosh	3rd	24596	
6.	Ritu Bar	3rd	24611	
7.	Nisha Ghosh	3rd	24553	
8.	Kayel Jana	5th	23550	
9.	Payel Pal	1st	25649	
10.	Sneha Sarma	5th Sem	23842	
11.	Brishti Bismas	3rd	24753	
12.	Mitna Sandan	3rd	24752	
13.	Kayel Dahi	3rd	24492	

Signature with date. 7/1/26

SERAMPORE GIRLS' COLLEGE

Department of Physical Education

Attendance list STUDENTS

Activity / Event QUIZ COMPETITION

Date: 7.1.26

Sl no.	Student's Name	Year/Sem	Roll no.	Remarks
14.	Sathi Majhi	2026 1st	25645	
15.	Jayita Pandit	2026 3rd	24467	
16.	Tilhi Das	2026 3rd	24761	
17.	Payel Dagna	2026 5th	23645	
18.	Amisha Saha	2026 5th	23408	
19.	Soni oraw	2026 5th	23866	
20.	Pampi Kumari	2026 5th	23640	
21.	Malabika Paul	2026 3rd	24507	
22.	Moumita Mondal	2026 3rd	24518	
23.	Sonali Das	2026 3rd	24768	
24.	Taslima Parveen	2026 3rd	24762	
25.	Anushka Ghosh	2026 3rd	24421	
26.	Priya Das	3rd	24587	

Signature with date. 7/1/26

SERAMPORE GIRLS' COLLEGE

Department of Physical Education

Attendance list STUDENTS

Activity / Event QUIZ COMPETITION

Date: 7.1.26

Sl no.	Student's Name	Year/Sem	Roll no.	Remarks
1)	Ipsita Saha	1st	25502	
2)	Rimpa arao.	5th	23735	
3)	Shampa Santua	3rd	24668	
4)	Anuska Das	3rd	24424	
5)	Seeravi Mondal	3rd	24727	
6)	Jasmine Khutun	3rd	24468	
7)	Rakabi Ghosh.	3rd	24563	
8)	Smehar Kandal.	3rd	24688	
9)	Rima Dutta	1st	25586	
10)	Laxmi DEY	5th	23562	
11)	Neha Das.	5th	23618	
12)	suhana khatun	3rd	24775	
13.	subsmita Ghosh	3rd	24728	

Signature with date. 7/11/26

SERAMPORE GIRLS' COLLEGE

Department of Physical Education

Attendance list STUDENTS

Activity / Event QUIZ COMPETITION.

Date: 7.1.26.

[illegible]

Signature with date. 1/11/26

SAMPLE OF QUESTION

SERAMPORE GIRLS' COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION



QUESTION OF QUIZ COMPETITION

- ① 2025 ଆଲେ ଅସିନା ବିସ୍ତରାଣ (ବିଲ୍) କାଲ ଲୋକାରୋପିତ?
 ଡାକ୍ତର
- ② CABPER-ର full form କି-?
 Central Advisory Board of Physical Education and Recreation.
- ③ ଅବଧାନ ଡାକ୍ତରୀୟ ଗୁଡିକରେ ଅନ୍ୟତମରେ କାହା ନାମ-?
 P. V. Sindhu, Saina Nehal.
- ④ ଅସିନାକୃତ କରାଯିବ ଡାକ୍ତରୀୟ କ୍ଷେତ୍ର କି-?
 12 x 8 meter.
- ⑤ 2025 ଆଲେ ଅସିନା ବିସ୍ତରାଣ (ବିଲ୍) କେମାନେ ଡରା କଲେ?
 ଡାକ୍ତରୀୟ ବିଭାଗ.
- ⑥ କିମ୍ବଦନ୍ତୀ ଡାକ୍ତରୀୟ କି-? ଆଲେ ଅସିନାକୃତ ଡାକ୍ତରୀୟ କି-?
 2020 ଆଲେ,
- ⑦ B.M.I-ର full form କି-?
 Body Mass Index.
- ⑧ ଡାକ୍ତରୀୟ ଡାକ୍ତରୀୟ ଡାକ୍ତରୀୟ କି-?
 ଡାକ୍ତରୀୟ
- ⑨ କାଳୀକାଳୀ ଡାକ୍ତରୀୟ କି-?
 82.96 ଡାକ୍ତରୀୟ.
- ⑩ ଅସିନାକୃତ Shot Put-ର ଡାକ୍ତରୀୟ କି-?
 8 ଡାକ୍ତରୀୟ (4)

⑪ ଅବଧାନ ଅସିନାକୃତ ଡାକ୍ତରୀୟ କି-? ଆଲେ ଅସିନାକୃତ ଡାକ୍ତରୀୟ କି-?
 2028 ଆଲେ.

⑫ ଡାକ୍ତରୀୟ ଡାକ୍ତରୀୟ ଡାକ୍ତରୀୟ କି-?
 H.C. Bux.

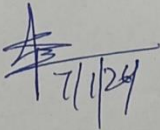
⑬ ଅସିନାକୃତ ଡାକ୍ତରୀୟ ଅସିନାକୃତ ଡାକ୍ତରୀୟ କି-?
 ଡାକ୍ତରୀୟ ଅସିନାକୃତ.

⑭ ଅସିନାକୃତ ଅସିନାକୃତ ଡାକ୍ତରୀୟ କି-?
 ଡାକ୍ତରୀୟ ଡାକ୍ତରୀୟ.

⑮ କି-? କି-? ଡାକ୍ତରୀୟ ଡାକ୍ତରୀୟ କି-?
 800 ଓ 800 ଡାକ୍ତରୀୟ.

11/12/26

SCORE SHEET

Question-5		Bonus → 3	→ Audience-1	Time:
G ₁	G ₂	G ₃		
① 0,	① 0	① 5		
② 5-	② 0	② 0		
③ 5-	③ 5	③ 0		
④ 5-	④ 5	④ 5		
⑤ 2 $\frac{1}{2}$	⑤ 5	⑤ 0		
$\frac{17\frac{1}{2}}$	= 15	= 13		
= 26 $\frac{1}{2}$	<u>2nd</u>	<u>3rd.</u>		
<u>1st.</u>				
Bonus.				
① + 3		② + 3		
②				
③ + 3				
⑤ + 3				
$\frac{09}{09}$				
 7/1/24				

PICTURES



