

FACULTY ACADEMIC PROFILE

SERAMPORE GIRLS COLLEGE

13, T.C. Goswami Street, Serampore, Hooghly-712201, West Bengal, India

MS. TANIA NAG

STATE AIDED COLLEGE TEACHER OF PHYSICAL EDUCATION
DATE OF JOINING: 12/10/2018

E-Mail ID:taniayoga.58@gmail.com

Mobile: 9674615381

Address : 56, BARUI PARA LANE,P.S- CHATTERJEEHAT,P.S-CHAKRABERIA, DIST-HOWRAH, PIN-711110

Academic Awards:

M. P. Ed in Physical Education from S.I.P.E.W (Calcutta University), 2018 With 1st CLASS 1ST (74%).

Teaching Area in : History of physical education, health and physical education, Anatomy, physiology and exercise physiology in physical education, psychology of physical education, Management in physical education, Sports training in physical education.

Area of Research Interest: Health and physical fitness among different population. Anthropometric measurements, psychology in different age groups,

Technical Skills in Statistical Packages: Windows 7, 8, 10 and Ms office, t-test.

Skill in Analytics: Advanced Excel,

Experience in Research Projects: 1yr

- 2017-2018: Master degree dissertation work.

Teaching Experience: 3 years

- Since 12/010/2018 till date : Guest lecturer in Physical Education in Serampore Girls College , Hooghly.
- 2018-2018: Physical Education Teacher in Narayana Group of School.
- 2018-2020: Sports Teacher in Ramkrishna Sarada Mission Vivekananda Vidyabhaban, North Kolkata.

Paper presented at seminar: In International and National level :

1. 2017: "A comparative study on health related physical fitness in yoga practioners and kho-kho players has been published on 2017 International Conference On Global Education, Physical Education And Sports, Research And Technology For Sustainable Development. Indira publishers (Page no- 583-586).

Attend Seminar: National Seminar on Issues and challenges of Sports Science (Department Of Physical Education, Visva-Bharati On 25th March 2018.

- Extra Curricular Activity:** 1) West Bengal State Official Refree on kho-kho games.
2) Yoga Examiner of Bangiya Sangeet Kala Kendra.
3) Yoga Diploma from NSOU.
4) Yoga Teachers Training course From World Yoga Society.

Place: Howrah
Date: 28/07/2020

Tania Nag