

# **NATIONAL SERVICE SCHEME**

**Serampore Girls' College,  
Serampore, Hooghly**

**NSS Report 2020-2021**

**Unit I & Unit II**

The National Service Scheme was started by Government of India, Ministry of Education and Culture, Govt. of India, in Collaboration with State Government in the year 1969 in 37 selected Universities. Calcutta University has been participating in the scheme right from its inception. At present the scheme is run by the ministry of Youth Affairs & Sports in Central Government and Department of Higher & Technical Education in State Government. The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student youth of Graduate at college level of India to take part in various government led community service activities & programmes. The sole aim of the NSS is to provide hands on experience to young students in delivering community service. Our NSS unit is functioning from 1981. It is extending its activities in the society regularly and continuously since its inception. Now the strength of our two units are 200 students.

### **AIMS AND OBJECTIVES**

1. Understand the community in which they work.
2. Understand themselves in relation to their community.
3. Identify the needs and problems of the community and involve them in problem solving process.
4. Develop among themselves a sense of social and civic responsibility.
5. Utilize their knowledge in finding practical solutions to individual and community problems.
6. Develop competence required for group living and sharing of responsibilities.
7. Gain skills in mobilizing community participation.
8. Acquire leadership qualities and democratic attitude.
9. Develop capacity to meet emergencies and natural disasters
10. Practice national integration and social harmony.

We have an effervescent NSS unit which has been established with a rudimentary objective of providing a dais for the interested students to partake in social work during their free time. But during this period for Covid 19 pandemic our NSS Units not much activities like previous year. For lockdown NSS volunteers and Programme Officers take part for social activities individually and collectively work for awareness campaigning through online mode. The report of the activities of the unit for the academic year 2020-21 has been a record of accomplishments and triumphs.

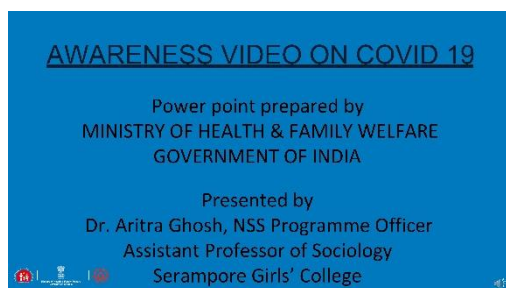
### **Enrolment drive and Orientation program:**

Enrollment drive was conducted in the month of July and enrolled volunteers for the year 2020-21. In order to orient the newcomers an orientation cum training program was organized on 31st July, 2020 through online mode.

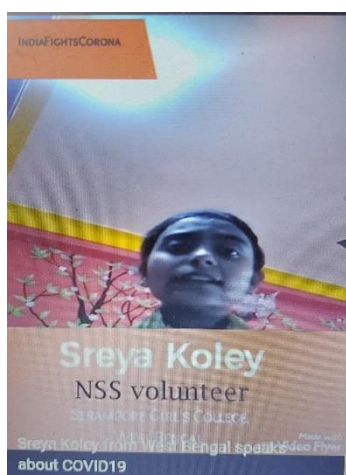
The NSS volunteers took part in a certificate course on COVID -19 provided by the WHO. The Unit took great care to uplift the spirit of people through social media by making awareness videos relevant to the Lock down period. The links to these videos are as follows:



<https://youtu.be/UONzAzB4V78>



<https://youtu.be/rzATyzTDMqs>



<https://youtube.com/shorts/oRyyGgr65s8>



The volunteers engaged in making masks and distributing in their localities. Back to nature was one target in the lockdown activities of the Unit. The Unit conducted Digital Quiz contest and Awareness Video making.

## June 5 - Environment Day



The unit observed the environment day by creating awareness and also the volunteers were involved in kitchen garden making in their homes. Also some trees have been planted in the college.

## June 21 - International YOGA Day



The Volunteers took initiative to do yoga along with their families. Most of them have made it a routine of their life. Demonstrating different simple YOGA postures and their benefits was created.



## July 29 – Appreciation for Spitting Kills Campaign



Dr. Aritra Ghosh  
Serampore Girls' College

### Letter of Appreciation

Dear Leader,

On behalf of "Pledge for Life" team, we would like to thank you and your NSS unit for supporting the **Spitting Kills Campaign**.

During this Corona crisis, experts determined that spitting spreads the virus. Chewing tobacco, gutkha, khairi, etc. cause the urge to spit and hence the Government, under the Disaster Management Act 2005 gave the order to stop spitting in public places and the Prime Minister, Shri Narendra Modi, himself, urged the public to do so too.

The National Service Scheme (NSS) is supporting the Spitting Kills campaign wherein NSS Volunteers created awareness among public on the issue. This appreciation letter is issued because your NSS Unit has till 28<sup>th</sup> June 2020 got 541 persons to fill in the Spitting kills webkit.

Your timely action is saving the spread of Covid-19 as well as reducing the usage of chewing tobacco. We now look forward to your getting thousands more to fill the webkit.

Thank you for your service to society.

Arvind Mathur  
Trustee  
Sambandh Health Foundation



July 29, 2020



Moumita Sen  
Serampore Girls' College

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July 29, 2020

The volunteers attended an Online Spitting Kills Campaign conducted by Sambandh Health Foundation. This campaign specially pledge for life and main theme is tobacco free youth. For this campaign volunteer Moumita Sen and Programme officer Dr. Aritra Ghosh appreciated by Sambandh Health Foundation.

## September 16: Tree Plantation in College



Trees contribute to their environment by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife. During the process of photosynthesis, trees take in carbon dioxide and produce the oxygen we breathe. The unit organized the

tree plantation programme in college campus on 16<sup>th</sup> September 2020.

## September 16: Necessary Grocery food distribution to Immaculate Conception Church



The Covid 19 pandemic has brought new challenges to food security across the world. Cheshire Home and Shanti Rani Home nearest to Serampore Girls' College where grocery food distribution successfully completed by our NSS volunteers.

### October 8: Covid Pledge

The Ministry of Youth Affairs and Sports have urged all NSS Volunteers and Programme Officers to administer a COVID Pledge at 1pm on 8<sup>th</sup> October 2020.

### January 12 - National Youth Day



National Youth Day celebrates the potential of youth as partners in today's global society. The purpose of the day is to draw attention to a given set of cultural and legal issues surrounding youth. It also aims to promote ways to engage them in

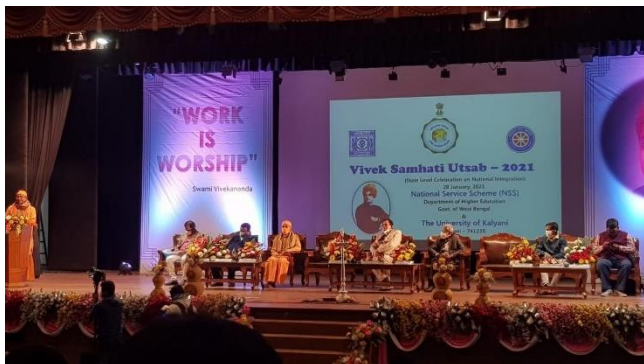
becoming more actively involved in making positive contributions to the society.



Our volunteers present 158<sup>th</sup> Birth Anniversary of Swami Vivekananda at Asutosh Siksha Prangan, University of Calcutta.



## January 28 – Vivek Samhati



Our NSS volunteers join the programme necessary food distribution of Cheshire and Shanti Rani Room for their day-to – day life.

### Participation in seminars and training programs:

Our volunteers also attended Aids awareness seminars and workshops held at various colleges and NGOs. Students participated in various programmes organized by university such as Anti Tobacco Awareness programme.

National Society for Equal Opportunities for the Handicapped (NASEOH) organized a ‘JOB FAIR FOR PEOPLE WITH DISABILITIES’. More than 25 companies presented career opportunities for the blind, physically handicapped, deaf, mute and slow learners.

### Swacch Bharat Abhiyan:

- Pledge was administered at college by students and staff.
- Posters were put up on the notice boards and camps to aware students about cleanliness.
- Class to class awareness programmes were organised to aware students.
- Skit was performed on Swacch bharat abhiyan by NSS Volunteers at Thakur Pada, Ambarnath and nearby slum area and also the college campus.
- Every day 3 hours devoted by Volunteers on cleanliness by 61 NSS Volunteers.
- Door to Door campaign conducted by the students in village to aware children about Cleanliness drive at Tara Village.
- Organized a talk on biocomposting by Mr. Jayant Joshi, a microbiologist on 2nd September 2015. Mr. Jayant Joshi is working towards spreading awareness about managing waste from source by biocomposting . He has designed a device, using a plastic basket with a mesh within, for house-hold bio-composting purposes and introduced it to our students.