### Event Name :

National Sports Day Celebration

#### Sports

Session : 2022-23

2022-08-29

# Organized by:

**Physical Education** 

### Duration:

1 day(s)

### Attendance:

35

# Objective:

**Objectives of Sports Day** 

Objectives of the sports day were -

1. social value. 2. social integratiion. 3. increase sportsmanspirit. 4. encourage public in large ti take up sports and make it an integral part of their lives.

## **Brief Description:**

A details description of celebrating sports day in our college.

As notified earlier on that day students along with the teachers came tocollege at 8.30 am. At first our highly esteemed principal madam gave tribute to the sport's icon Hon. Dhyanchand by offering garland on his potrait. Then the other respected teachers and the students offered flower petals to the potrait of the sports' icon of India. Respected principal madam shared her valuable thoughts on the sports day and she also motivated the students to be more healthy and fit and fine by giving importance on games and sports. Then there was a valleyball match between two houses (Sarojini House & Nivedita House) of the students. Here Sarojini House was the winner. In this way we celebrated the National Sports Day.



### Outcome:

The day is to mark the birth anniversary of Major Dhyan Chand. India announced its decision to celebrate 29th August as National Sports Day in 2012. Major Dhyan Chand had led the Indian Hockey team to victory.

1. Students were very much interested to participate in this event.

2. Students gather a huge knowledge about that event and mainly about Major Dhyan Chand, his struggle, his capasity to tackle the situation, his leadership quality etc.

3. They save thair knowledge about how to conduct a sports day, so that they can do it in future.

# Resource Person(s):

NA

**Version** 1.0.0